



Joslin Diabetes NEWS NOW

Volume 5, Number 3

March, 2009

Dedicated to Living Well with Diabetes

Affiliate News

Updated Guideline for Pharmacological Management

The Joslin Clinical Oversight Committee recently updated the guideline for the pharmacological management of type 2 diabetes. The guideline, along with supporting references, is posted on the Joslin website. As with the other guidelines, we encourage you to print and share with all clinical staff and remember to print and insert into Tab 1 of the Policy and Procedure Manual replacing the previous pharma guideline. Feel free to share the guideline with your medical communities, referring providers and hospital medical leadership. <http://www.joslin.org/Files/Clinical-Guidelines-for-Pharmacological-Management-of-Type2-Diabetes.pdf>

Some of the key changes are as follows:

- Pg 1, goals for FPG are now 70-130, postprandial (2 hr) is now <180 and the bedtime goal is now 90-150.
- Pg 2, edits to the flow diagram for the Initial Treatment Strategy, including removing headings of "mild", "moderate" and "severe" and inserting the line "consider addition of metformin" to the initiation of lifestyle modification as an initial treatment intervention.
- Pg 3-6 the content has been adjusted to include DPP-4 inhibitors (sitagliptin) and bile acid sequestrants (colesevelam)
- Pg 7, times in the insulin chart have been adjusted:
 - onset long acting, 45 min - 4 hrs
 - onset NPH, 90 min - 4 hrs
 - onset short acting, 30-60 min, peak of 2-5 hours and duration of up to 12 hours

Productivity Reports

Using Productivity Reports for CQI

Take time to review your 2008 Productivity Reports. We encourage you to compare them with your 2007 data. Did you improve where you had hoped? Did you reach your goals? If you've not set realistic goals and an action plan for improvement for 2009, it is not too late. Discuss the findings on your reports at a staff meeting and with your Boston site coordinator.

Affiliates Showing Improvement in No-Show Rates

All of the Joslin sites work hard to reduce the number of no-show and cancellations. As we review the Operations Reports summarizing all the data for 2008, we see some encouraging trends.

- The 2008 average no show rates across all affiliates was 18% for medical visits and 21% for education visits.
- 13 sites decreased either medical or education no show rates by at least 2 percentage points from the previous years average
- 8 sites have a medical no show rate of less than 15% and 5 sites keep their education no show rate below 15% as well! It CAN be done!

Increasing the Referral Base

On average in 2008, Affiliates received referrals from 61 different providers. Six Affiliates demonstrate a very wide reach in the community by averaging referrals from over 70 providers a month!

Let us know what you did for Diabetes Alert Day

Did you try something different this year that got a bigger response? We would like to publish your creative strategies. Send a short summary of what you did and how many attended to megan.magoon@joslin.harvard.edu

Save the Date

Conference Calls



* Please note we will no longer asking for RSVPs for conference calls, but will continue tracking who participates in the calls.

Upcoming calls will include:

- Using SMBG Results, April 7
- Billing and Coding Update, April 15

For details about the calls, go to the password protected Joslin website and visit calendars. Scroll down to see the conference call schedule

http://www.joslin.org/affiliates/Affiliates_Index_AffiliateCalendar.asp

Events and Training

- **May 14-15, Education Coordinator Summit**

Book your air travel by April 1st and hotel by April 14th. Contact elaine.sullivan@joslin.harvard.edu if you have questions about the summit.

Continuing Education Opportunities

Joslin Diabetes Center is conducting the following certified CME activities providing AMA PRA Category 1 Credit™ in affiliate cities this spring:

Overcoming Obstacles to Insulin Therapy: Office-based Systems to Optimize Outcomes

Up-to-date information on initiating and advancing insulin therapy for *your* patients with diabetes. This activity is aligned with Performance Improvement CME.

May 5 – Irvine
 May 7 – Baltimore

Optimizing Accuracy of Glucose Control: Technologies for Monitoring and Insulin Delivery

Evaluating and utilizing new technologies to optimize glucose control for your patients with diabetes, featuring **Joslin Virtual Clinic**, an exciting new way to bring educational activities into the realm of day-to-day clinical practice.

May 20 – Pittsburgh
 May 20 – Cleveland
 May 28 – Seattle

To register, visit www.ProfessionalEd.joslin.org